

B. Living our Values

1. What is morality?

Textbook pp 80-86

1. In **Unit 1. What is morality?** you read that a moral choice has three qualities. When we think about moral choices, we look at actions that are **free, deliberate** and **informed**. Review this section of your textbook (**page 83**) and complete the following exercise in your own words.

(a) An action is **free** if _____

(b) An action is **deliberate** if _____

(c) An action is **informed** if _____

2. On **page 84** of your textbook you will find a list of factors that can influence us as we seek to take moral decisions. Choose the **three factors** that you think have most impact on teenagers in Ireland today. Explain your choices.

(a) Our actions can be influenced by: _____

(b) In my opinion, this is a big influence on teenagers in Ireland today because:

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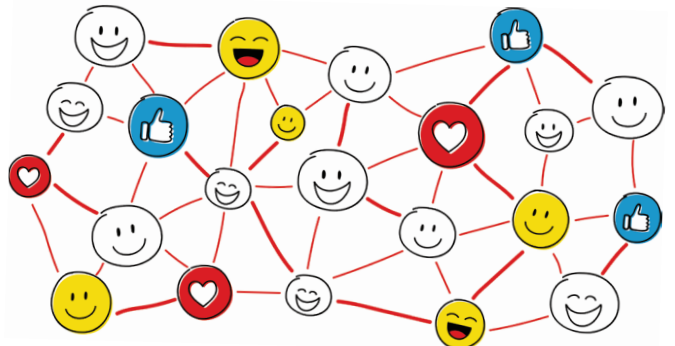
(a) Our actions can be influenced by: _____

(b) In my opinion, this is a big influence on teenagers in Ireland today because:

2. Why do we need morality?

Textbook pp 86-91

Human beings today are more connected than in any time in history. Relationships are central to a healthy human life. Morality, as you have learned, is central to maintaining strong relationships. In **Unit 2. Why do we need morality?** you learned that each human being is surrounded by three types of relationships: **interpersonal, communal** and **global**. Create a profile of your relationships on the following page.



My most important interpersonal relationships (i.e. one-to-one with other people)	
Who this person is	Why this person is important to me
1.	
2.	
3.	

My most important communal relationships (i.e. groups I belong to)	
Who these people are	Why they are important to me
1.	
2.	
3.	

My most important global relationships (i.e. people I may never meet yet to whom I am connected)	
Who this person is / these people are	Why they are important to me
1.	
2.	
3.	

3. Exploring my values

Textbook pp 92-95

In **Unit 3. What are values?** you read about how the choices we make display our values to the world. Values we aspire to often include: honesty, generosity, compassion and courage. Use the exercise below to reflect on your own values.

1. The **three** most important values to me at the moment are:

Value: _____
 I believe this value to be important in my life because:

Value: _____
 I believe this value to be important in my life because:

Value: _____
 I believe this value to be important in my life because:

2. One value I held in the past that I do not think is so important now is: _____

The reason it is less important to me now:

