

Chapter 2

Human Dignity and Basic Needs

Activity 1 – Basic Needs Basket

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Consider what basic needs a family living in Ireland have. These may be economic, social, emotional or any other sort of needs. In the basket below, draw an icon to represent each need and label it. The basic need for shelter has been included as an example.



Activity 2 – Hierarchy of Needs and Wants

Using the pyramid below, create a **hierarchy** of needs and wants. You may wish to include **needs** such as food, water and shelter and **wants** such as a smart phone, a foreign holiday or designer clothing. When you are finished, compare your hierarchy of needs and wants with others in your class.

MOST DESIRABLE

SAMPLE

MOST ESSENTIAL

Activity 3 – Get Online

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- Use the internet to find an article, video or podcast which describes a situation where a person's basic needs are not being met.
- Fill out the form below to help you conduct your research.
- Share what you learned with your class.

1. Tick ✓

I found an article ☐ a video ☐ a podcast ☐

that describes a situation where a person's basic needs are not being met.

2. The website I found this on is _____

3. Where was the person in your article/video/podcast from? _____

4. Explain how the person's basic needs were not being met.

5. What did this article/video/podcast make you think about and how did it make you feel?

6. Did the person's situation improve? If not, how could it be improved?

Activity 4 – Picture Research

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- Using the internet, find an image that you feel shows somebody whose human dignity is being undermined.
- Print the image and paste it below.
- On the next page, use the sentence starters to discuss the image. Explain your ideas as fully as possible.

SAMPLE

This is a picture of _____

The reasons I feel that the person's human dignity is being affected are _____

This picture makes me feel _____

One action that would help the person in the picture is _____

Activity 5 – Get Online

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Because homelessness is such a serious issue in Ireland today, there are many organisations that work with homeless people and offer them supports. Below are the logos of five such organisations.

- Using the internet, research one of these organisations.
- Explain what the organisation does and anything else that you found interesting on its website.



SAMPLE



Activity 6 – Anti-Bullying Poster

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Using the information you have learned about bullying, create an anti-bullying poster that could be used in schools. Include helpful information and try to make your poster visually effective.

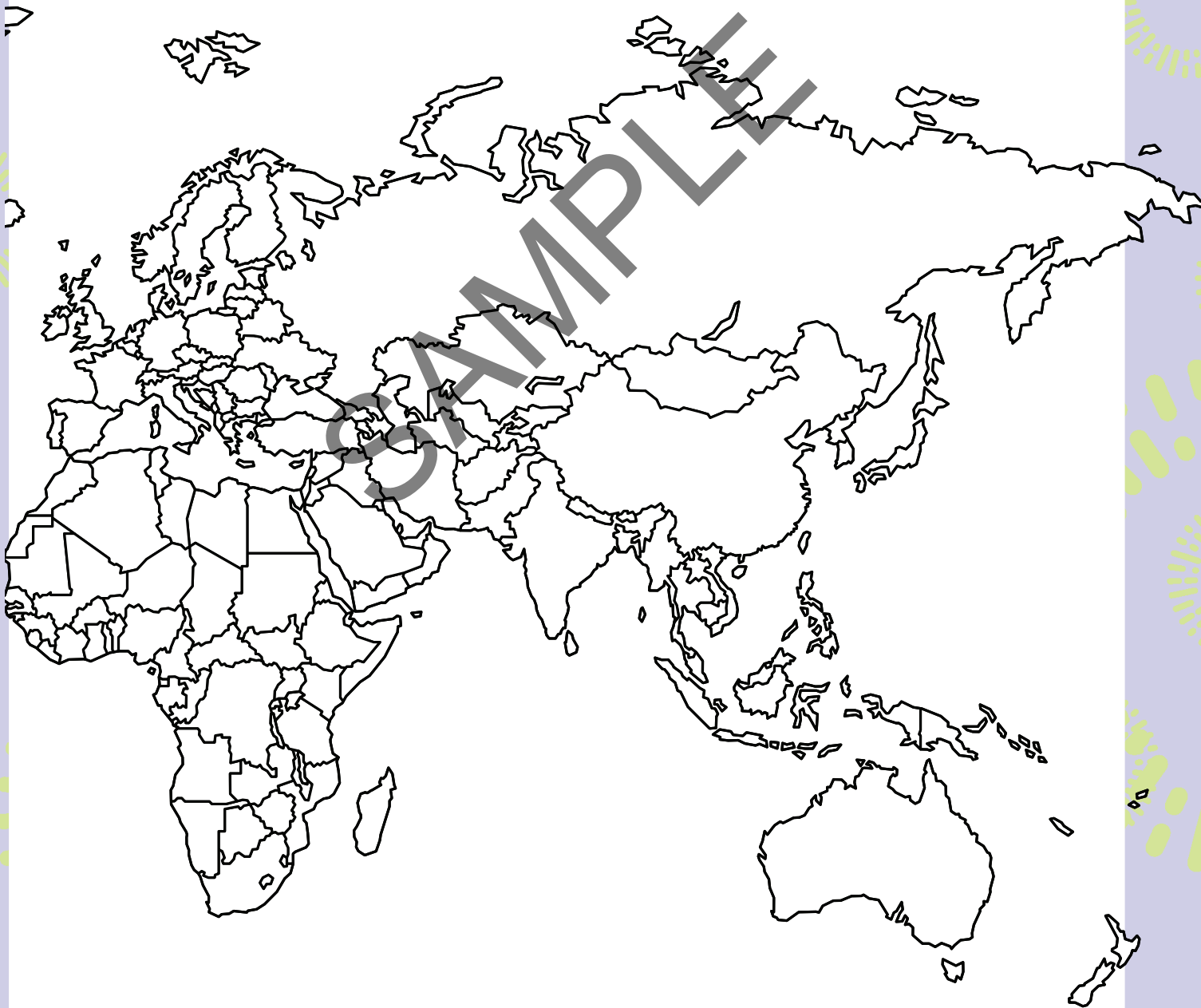
SAMPLE

Activity 7 – Map of Displaced People

Sadly, millions of people are displaced from their homes every year due to war, natural disaster and persecution. Some of these remain within their own countries and are known as **internally displaced people**. Others have no choice but to go to other countries and become **refugees** and **asylum seekers**.

- Go to the UN's Refugee Agency website (www.unhcr.org) or another online resource and learn about the regions of the world that are currently affected by these sorts of crises.
- On the map below, colour in the countries that are currently affected.
- Write a short note on the map for 5 countries, explaining their situation.





Activity 8 – Reflective Statement

Reflect on all that you have learned in Chapter 2: Human Dignity and Basic Needs.

To me Human Dignity means:

I believe it is important that everybody achieves Human Dignity because . . .

Two facts that I found interesting in this chapter are:

1.

2.

I found the first fact interesting because . . .

I found the second fact interesting because . . .

The thing that surprised me the most during my study of Human Dignity is . . .

After studying Human Dignity I would like to learn more about . . .

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